This journey is personal.

I did not write this journal for people who have life figured out. I wrote it for people like me: people who have been through some things, made choices they would change, and still wake up knowing there has to be more to life than just getting through another day.

I believe that real faith has to meet us where we actually live: at home, at work, in our relationships, in the decisions we make when nobody is looking. It is not about presenting a perfect image. It is about seeking God first and letting His truth change what we do next.

Jesus spoke about the kingdom of God being among us. The life He calls us into is not just a distant idea; it must shape the way we love, forgive, work, serve, and carry ourselves now. You do not need fancy words to begin. You need honesty, a willing heart, and the courage to take one step at a time.

For the next 90 days, read, reflect, pray, and act. Bring your real questions. Write what you actually feel. This is your journey with God, and the next step starts today.

— E. Madera

One day. One reading. One faithful action.

1. Begin with the illustration and the Scripture excerpt on the devotional page.

2. Read the devotional reflection slowly. Notice which part challenges or encourages you.

3. Turn to the facing journal page. Write honestly about gratitude, what God is showing you, and your prayer.

4. Choose and complete the practical faith action. Return to it during the day.

5. For the complete assigned Geneva Bible passage, use the Scripture Readings section after Day 90. Short quotations on the illustrated pages are selected verses, not a substitute for the full passage.

DAYS 1–30 | THE FOUNDATION

DAYS 31–60 | THE TRANSFORMATION

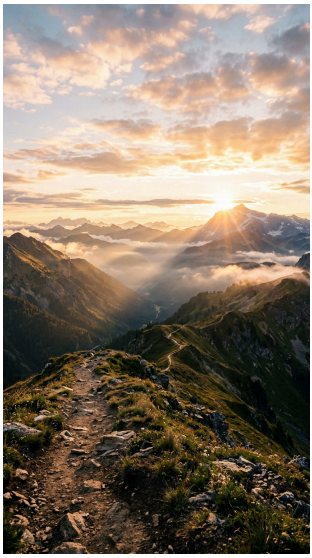
DAYS 61–90 | WALKING IN PURPOSE

My starting point

Why am I beginning this 90-day journey?

What needs to change in my daily life?

How do I hope to grow in faith and character?



Beginning With God

GENEVA BIBLE (1560)

Proverbs 3:5-6

5 Trust in the Lord with all thine heart, and leane not vnto thine owne wisdome.

TODAY'S REFLECTION

Trust is more than saying God is in control while secretly insisting on my own route. It is bringing Him the actual decision, including the fears I would rather hide. When I acknowledge God in ordinary choices, I stop treating faith like something reserved for emergencies.

FAITH IN ACTION

Before one decision today, pray and seek wise counsel.

A SIMPLE PRAYER

Father, teach me to trust You with the next step.

Full passage in the Scripture Readings section.

DATE: _____

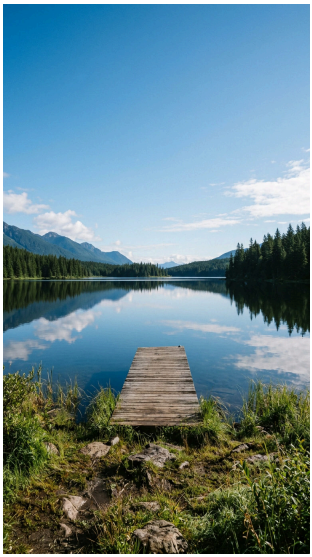
THREE THINGS I AM GRATEFUL FOR

WHAT GOD IS SHOWING ME

MY HONEST PRAYER

ONE STEP OF OBEDIENCE I WILL TAKE

[ ] I completed today’s faith action



Finding Peace in God

GENEVA BIBLE (1560)

John 14:27

27 Peace I leaue with you: my peace I giue vnto you: not as the worlde giueth, giue I vnto you. Let not your heart be troubled, nor feare.

TODAY'S REFLECTION

Peace from Christ is not the same as the absence of trouble. It steadies me inside situations I cannot immediately fix. I can take practical steps to address a problem without handing my whole spirit over to fear or conflict.

FAITH IN ACTION

Name one worry and one constructive response.

A SIMPLE PRAYER

Jesus, guard my heart with Your peace.

Full passage in the Scripture Readings section.

DATE: _____

THREE THINGS I AM GRATEFUL FOR

WHAT GOD IS SHOWING ME

MY HONEST PRAYER

ONE STEP OF OBEDIENCE I WILL TAKE

[ ] I completed today’s faith action